

What is The Mango Go for 42 Fun Run?

What is “Go for 42”?

It's a 5 week event that gives children the opportunity to complete their own marathon (42.2km).

Who is “Go For 42” for?

Our marathon is for children from Kindergarten to Grade 8.

Why “Go For 42”?

Health Canada recommends 60 minutes of daily physical activity for children. Our partners believe that, given the opportunity and encouragement, kids love to be active! Running or walking is an activity that almost everyone can do.

When is “Go For 42”?

We ask children to run or walk, at least the first 40 km, at school or at home, **between May 12 and June 13**. Then the children can participate in the **Mango Kids Fun Run on June 22nd**, to run the last 2.2 km.

Where is the Mango Kids Fun Run?

At the **Linden Recreation Center** on **Sunday June 22nd at 10:30am**. (Registration between 9:30 – 10:15 am).