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**Miramichi Track and Field Club**

Does your son or daughter like to run, jump and throw? Well, we have the perfect program for them!

Y*outh aged 5 to 12* are invited to participate in a **Run, Jump, Throw 12 Challenge Series,** *which will involve 4 evenings of 12 Challenges*, planned for *Mondays - May 19, 26, June 2 and 9th at the James M Hill track in Miramichi.* Three different track and field events are scheduled every week for a total of 12 events (hence the name of the program). The instructors will be trained Run, Jump, Throw instructors.

Categories will be :

Kindergarten to grade 2 students – 6:00 PM to 6:50 PM

Grade 3 to grade 6 students – 7:00 PM to 7:50 PM

Registration fee will be $25 and will be done online on [http://www.trackie.com/online-registration/event.php?id=1258](https://exchange.nbed.nb.ca/owa/,DanaInfo=exchange.nbed.nb.ca,SSL+redir.aspx?C=VR5kO8o4M0qd6Uw7I5QE9Vw2TYOVPtEIb6RbSwosbvmE0NjL9-mxngRFdnGUatNLxpOJ-Vg2sL0.&URL=http%3a%2f%2fwww.trackie.com%2fonline-registration%2fevent.php%3fid%3d1258)

For more information, contact: [tammy.stewart@nbed.nb.ca](mailto:tammy.stewart@nbed.nb.ca)

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**What is Run Jump Throw?**

•A fun and active learning environment

•Individual improvement and positive reinforcement

•Developing the skills of running, jumping and throwing in age appropriate progressions

•Improvement in physical and emotional well-being

•Safe instruction

For more details, check out their website: <http://www.athletics.ca/page.asp?id=64>