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To: Parents/Guardians

Fr. Mrs. Potts/Mr. Williston/Mrs. Scholfield

Re: **NEW** Cross Country Schedule

Date: Sept. 17th

Practice - Monday Sept. 17th 3-4pm at the School / Hollow.

**Meet** - Wednesday Sept. 19th 4 pm start time at North & South Esk Elem.

(36 Northwest Road, Sunny Corner)

Practice - Monday Sept. 24th 3-4pm at the School and Hollow.

**Meet** - Wednesday Sept. 26th 4pm Start time in the Hollow hosted by Saint Andrews

**\*Students will remain at school and parents can meet us at the Hollow at 4pm\***

Practice - Monday Oct. 1st 3-4pm at the School / Hollow.

**Meet** - Wednesday Oct. 3rd 4pm Start time at the Nelson School

(26 St. Patrick’s Drive, Nelson)

Practice - Tuesday Oct. 9th 3-4pm at the School / Hollow.

**Meet** - Wednesday Oct. 10th 4pm Start time at Croft Elementary

(31 Elizabeth St. Miramichi West)

Parent (Friend) Fun Practice - Monday Oct. 15th 3-4pm at the School / Hollow.

**Meet** - Wednesday Oct. 17th 4pm Start time at the Blackvillie School

(12 McLaggan Drive, Blackville)

**School Meet** – Friday Oct. 19th 12:40pm Start time at the Hollow.

This is the **new** District schedule and we will notify you of any other changes that need to be made as soon as we are given them. Coaches will meet all runners at the meet location 10 to 15 minutes prior to the start time. Please ensure that arrangements have been made for transportation for your child to and from each meet. Runners have been given their Uniform Contract and once the **contract is returned to school** they will get their uniform. We have purchased **NEW** uniforms for the Cross Country team and can’t wait to see them on the students. If you have **any** questions please see one of the coaches. Students need to be running on their own outside of our regular practice times to be in condition for the season and we recommend that they run at least 2 times a week in addition to our practice times (but make it fun).

Thank you for your help and cooperation.