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To: Parents/Guardians

Fr. Mrs. Potts/Mr. Williston/Mrs. Scholfield

Re: Cross Country Schedule

Date: Sept. 13th

**Practice - Monday Sept. 10th 3-4pm at the School and Hollow.**

**Practice - Wednesday Sept. 12th 3-4pm at the School and Hollow.**

**Practice - Monday Sept. 17th 3-4pm at the School and Hollow.**

**Meet - Wednesday Sept. 19th 4 pm start time at North & South Esk Elem.**

**(36 Northwest Road, Sunny Corner)**

**Practice - Monday Sept. 24th 3-4pm at the School and Hollow.**

**Meet - Wednesday Sept. 26th 4pm Start time in the Hollow**

**Practice - Monday Oct. 1st 3-4pm at the School and Hollow.**

**Meet - Wednesday Oct. 3rd 4pm Start time at the Blackvillie School**

**(12 McLaggan Drive, Blackville)**

**Practice - Tuesday Oct. 9th 3-4pm at the School and Hollow.**

**Meet - Wednesday Oct. 10th 4pm Start time (Location to be set)**

**Parent (Friend) Fun Practice - Monday Oct. 15th 3-4pm at the School and Hollow.**

**School Meet – Friday Oct. 19th 12:40pm Start time at the Hollow.**

This is a tentative schedule; and we will notify you of any changes that need to be made as soon as we are given them. Coaches will meet all runners at the meet location 10 to 15 minutes prior to the start time. Please ensure that arrangements have been made for transportation for your child to and from each meet. Runners will be getting their Uniform Contract on Thursday, Sept. 13th and uniforms will be given out once the **contract is returned to school**. We have purchased **NEW** uniforms for the Cross Country team and can’t wait to see them on the students. If you have any questions please see one of our coaches. Students need to be running on their own outside of our regular practice times to be in condition for the season and we recommend that they run at least 2 times a week in addition to our practice times (but make it fun).

Thank you for your help and cooperation.